



May - June 2007

American Association for Medical Transcription  
Treasure Coast Chapter

## ANCHOR NEWS

*Serving Indian River, Martin, St. Lucie, Palm Beach, Okeechobee counties*

***"Great minds coming together can only mean success." ~ Renita Cuevas***

### GREETINGS ALL!

May is an exciting month for MTs. National MT week is May 20 -26, and I encourage you to celebrate your profession. I haven't met a MT yet who doesn't look at me with red, weary eyes, tight shoulders, and tired fingers. Pamper yourself. Get your hair done, a massage, get out and exercise (which, by the way, would also be supporting our Red movement), anything that takes you away from your keyboards and lets you rejuvenate. That's what we all need, isn't it? Rejuvenation! We will even provide an opportunity for some downtime after our May 12 meeting as TCC celebrates MT week with a potluck luncheon. You have nothing to lose, just a good time!

You'll also want to be at the meeting to enjoy our speaker, Holly Woemmel, on the topic of your personal health record. It's sure to be informative.

If you are new to TCC and wonder why you should take the time and attend the monthly meetings, let me tell you, I have never left a meeting without learning something I didn't know before attending or even better, meeting someone who has influenced me. These meetings are a great way for us to get out and connect. Most of us are stuck at our desks day-to-day with those "voices." In an industry such as ours that is being remolded, let your voice be heard, and let us be the ears! See you May 12!

Renita Cuevas  
TCC Vice President - 2007

#### Treasure Coast Chapter's Celebration of National Medical Transcriptionist Week

A potluck luncheon will be held following our meeting  
Saturday, May 12, 2007, at the Mayes Center for Hope in Stuart, Florida  
Meeting times and directions on page 3

Last Names A-M: Desserts  
Last Names N-Z: Side dishes

~ Come Join Us and Bring a Friend ~

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## Treasure Coast Chapter - AAMT Newsletter Advertising

*The Treasure Coast Chapter is a local component of the American Association for Medical Transcription (AAMT) that includes Palm Beach, Martin, St. Lucie, Indian River, and Okeechobee counties in Florida. The chapter newsletter, Anchor News, is published monthly/as needed and distributed to chapter members and associates by e-mail, the postal service. It can also be accessed through our website via the national association's website, [www.aamt.org/ca/tcc/](http://www.aamt.org/ca/tcc/).*

*Advertising from those in the medical transcription industry is welcomed and greatly appreciated. Ads may be black and white, camera ready or a computer file in .jpg, .bmp, or MS Word format. Send the ad and payment to the newsletter editor.*

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Advertising rates per issue: Full Page \$30.00  
Half Page \$15.00  
Quarter Page \$7.00  
Business Card \$5.00

TCC Chapter Meeting  
Saturday, May 12, 2007  
9 a.m. - 1 p.m.  
Mayes Center for Hope  
1201 SE Indian Street  
Stuart, Florida

***"Your Personal Health Information"***  
Holly Woemmel, MA, RHIA

What is your personal health information?

- The basis for planning your care and treatment
- The way doctors, nurses, and other healthcare providers talk to each other about your needs
- Information you yourself can collect and add to, to paint a more complete picture of your health

What will you learn from attending this presentation?

- Learn what your medical record contains...how your health information is used...who can access it...and how you can protect it
- Learn about health information privacy laws (HIPAA) and new technologies that can affect your health information
- Learn how to create and maintain your own Personal Health Record to make it more complete and useful to you and your doctors.

Directions - Mayes Center for Hope, Stuart, FL:

From I-95, take exit 101. Go east on Hwy 76 slightly 4 miles to the light at Indian Street; turn right. Go about a mile and turn left into the campus of the Mayes Center for Hope. Proceed to park in front of the main building. Inquire at reception desk for meeting room.

From the Turnpike, take exit 133, Palm City/Stuart/SR 714 exit. Follow Martin Downs Blvd over the Palm City bridge to Kanner Hwy, the first traffic light after bridge. Turn right. Go to Indian Street and turn left. Stay in left lane; building on left.

**Who's Invited to a TCC Meeting:** MTs, students, new graduates; anyone interested in a profession in the medical transcription world.

**Dress code:** Business casual.

**What to bring:** Yourself. A co-worker, boss, or friend. Your enthusiasm. A couple of extra bucks if you want to purchase a raffle ticket. Your willingness to share your knowledge and encouragement with others at the meeting.

# Coming Up in June...

TCC Chapter Meeting  
Thursday, June 14, 2007  
7 - 9 p.m.

Palm Beach Community College  
Lake Worth Campus - ETA Rm 248  
Lake Worth, Florida

"Stay Fit While You Sit"  
Christopher White, DC

TCC, in keeping with the national organization's (AHDI, formerly AAMT) initiative of "Change is Everything...and It Begins with You," has secured Dr. White, a Chiropractic Physician in practice since 1997, to help us stay (or maybe get) in shape...while we sit in our chairs and do our jobs, no less! Can't beat that with a stick now, can you?

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**Dress code:** Business casual.

**What to bring:** Yourself. A co-worker, boss, or friend. Your enthusiasm. A couple of extra bucks if you want to purchase a raffle ticket. Your willingness to share your knowledge and encouragement with others at the meeting.

Directions:

From I-95: Exit 6<sup>th</sup> Ave South and go west to Congress Avenue. Turn north and go to Lake Worth Road. Turn right on Lake Worth Road and go to the stoplight entrance of PBCC and turn right. ETA buildings are on your immediate right. Room 248. Do not park in reserved; you will be ticketed.

From Turnpike: Exit Lake Worth Road. Go east until just past Congress Avenue to the stoplight entrance into PBCC, turn right. ETA buildings are on your immediate right. Room 248. Do not park in reserved; you will be ticketed.

"Just as there are no little people or unimportant lives, there is no insignificant work." ~ Elena Bonner

## TCC's 2007 Calendar of Events

Date	Day	Time	Location
May 12	Saturday	9 a.m.	Mayes Center for Hope, Stuart
June 14	Thursday	7 p.m.	Palm Beach Community College
July 14	Saturday	9 a.m.	Mayes Center for Hope, Stuart
August	** No meeting due to National Conference in Reno, Nevada! **		
September 15	Saturday	9 a.m.	Mayes Center for Hope, Stuart
October 13	Saturday	TBA	PBCC - Annual Symposium
November 10	Saturday	9 a.m.	Mayes Center for Hope, Stuart
December 15	Saturday	TBA	Annual Holiday Party- TBA

# SiteShare and Tidbits

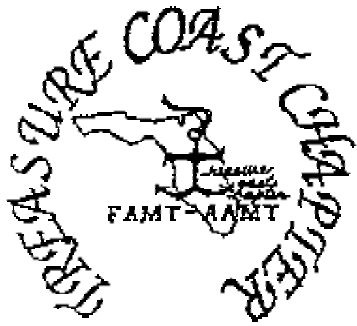
[www.backpackit.com](http://www.backpackit.com) "Create shared web pages that can include to-do lists, notes, and more." Also has e-mail and calendar, photos, etc. There's a link for examples.

[www.snopes.com](http://www.snopes.com) for verification of all seemingly incredible stories or requests received via e-mail, some of which give credence to that old adage "Don't believe everything you read..." and so you don't clog other people's inboxes with these bogus claims/stories/ideas!

<http://www.peterpreziosi.blogspot.com/> **Advocacy on the Move:** AHDI and MTIA are on the move, bringing their vision and objectives to Washington, DC. From 4/28 - 5/6, AHDI and MTIA CEO Peter Preziosi, PhD, CAE, will be traveling across country from California to Washington - a grassroots advocacy initiative to create enthusiasm around the associations' new presence "on the Hill." Check in here daily to see what your colleagues around the country are doing to embrace change and professional advocacy and advance clinical documentation!

Yes, You Really Did Say That...

"He lives on the third floor of an elevated apartment"  
(I think she means he has the use of an elevator.)



# Treasure Coast Chapter American Association for Medical Transcription

*Membership Application & Remittance Form*  
(Annual Membership January 1 - December 31)

- INITIAL APPLICATION
- RENEWAL APPLICATION

## ADVANTAGES OF MEMBERSHIP

- ⇒ Networking with other transcriptionists
- ⇒ Educational opportunities
  - ⇒ Continuing education credits
  - ⇒ Medical and non-medical guest lectures
- ⇒ Meetings at various locations throughout our area (Indian River, St. Lucie, Martin, Palm Beach & Okeechobee Counties)
- ⇒ Complimentary subscription to Anchor News, our chapter newsletter, keeping you up-to-date on current happenings, new trends, job openings, information on new words and procedures, etc.

NAME: \_\_\_\_\_

MAILING ADDRESS: \_\_\_\_\_ **Send me newsletter via:**  
street \_\_\_\_\_ Postal service  
city state zip code \_\_\_\_\_ E-mail (Word

**CONTACT INFORMATION:** HOME PHONE: \_\_\_\_\_ CELL: \_\_\_\_\_

E-MAIL: \_\_\_\_\_

EMPLOYER: \_\_\_\_\_

BUSINESS ADDRESS: \_\_\_\_\_

IF CURRENT STUDENT, MT PROGRAM: \_\_\_\_\_

CMT#: \_\_\_\_\_ AAMT MEMBERSHIP EXPIRATION DATE: \_\_\_\_\_

Please choose one of the following:

- Practitioner - AAMT # \_\_\_\_\_ \$20.00
- Student - AAMT # \_\_\_\_\_ \$20.00
- Associate \$20.00
- Anchor News - Subscription Only \$ 7.50

Please make check payable to: TREASURE COAST CHAPTER - AAMT and mail this application with your check to: Patty Hathaway; 11290 Orange Blvd; West Palm Beach, FL 33412-1843

I give my permission to have my name and address included in the Treasure Coast Chapter membership/subscribers roster:

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_